

KS1 Knowledge Organiser

PE - Dance

Key Vocabulary

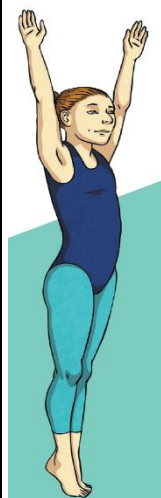
Copy	Pattern
Feelings	Rhythm
Speed	Sequence
Movement	Music
Direction	Space

Inspirational Athlete

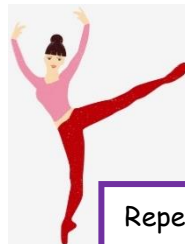


Ashley Banjo

Britain's Got Talent Winner
Leader of famous dance troupe
Diversity



Travel



Repetition



Routine



Pace



Sequence

Can you create and perform your own dance routine??

End of Key Stage Expectations

- I can move to music.
- I can copy dance moves.
- I can copy simple movement patterns.
- I can perform some dance moves.
- I can move around the space safely.
- I can express my feelings through my body movements.
- I can change rhythm, speed, level and direction.
- I can make a sequence by linking sections together.
- I can link some movement to show a mood or feeling.
- I can explore different body actions.

