



Blackburn with Darwen

**ADULT LEARNING**

# Lancashire Lifesavers

**FREE WORKSHOP**



When a person has a cardiac arrest, there are a few vital minutes to save them!

***Would you know what to do?***

We have teamed up with BBC Radio Lancashire & the North West Ambulance Service to encourage as many people as possible to become Lancashire Lifesavers.

***Learn how to recognise a cardiac arrest and carry out CPR. At the end of the session, learners will receive a certificate and a pin badge.***

**Thursday 12<sup>th</sup> December 2019**  
**Earcroft CC, Monton Road, BB3 0AF**  
**1:00PM – 2:30PM**

For more information or to book your place, please call 01254 778900.